

# FREE Community Workshop

Presented by

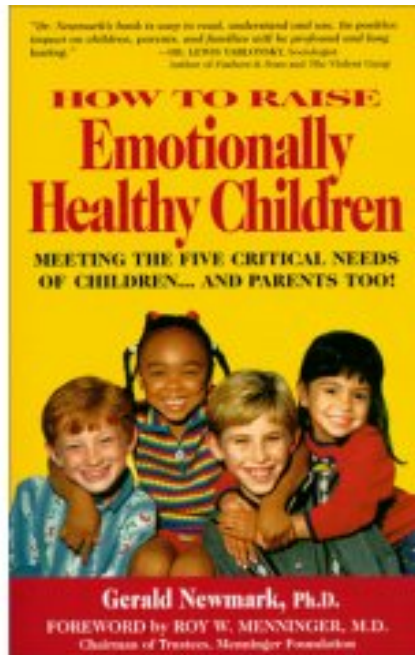


This training will outline strategies for combining **common sense** and **systematic methods** to **create emotionally healthy environments** at home and at school.

Dr. Newmark will discuss the **importance of emotional health** as a foundation for success in school and in life. In addition, he will identify five critical emotional needs of children, which are often neglected by parents and teachers, including the need to feel

- ◆ **respected**
- ◆ **important**
- ◆ **accepted**
- ◆ **included**
- ◆ **secure**

He will also present examples of each and describe methods and tools for satisfying these needs.



**February 17th, 2006**

**1:00 PM — 2:30 PM:**  
**Introduction and General Presentation**  
*(Especially for parents and providers)*

**3:00 — 4:30 PM:**  
**Train the Trainer**  
*(For parent educators/providers)*

**850 Foothill Blvd.**  
**Rialto, CA**

## About the Author

Gerald Newmark, President, Newmark Management Institute, is a parent, educator, behavioral scientist, and management consultant who has worked with schools and youth for more than 20 years.

Throughout his career working in the fields of instructional systems, civic, and youth affairs, Dr. Newmark has combined common sense and scientific methods to help organizations and individuals become more effective.

Each participant will receive a FREE copy of the book, "How to Raise Emotionally Healthy Children", by Dr. Gerald Newmark, Ph.D. *(Available in English and Spanish.)*

**Registration is FREE — Seating is limited so call today!**

To register: Please call First 5 San Bernardino at 909.386.7706

**Refreshments will be served**

*We're sorry we are unable to provide child care for this training opportunity.*